

NUMBER
11
BeautyLounge

Number 11 Beauty Lounge, 11 Church St, Monmouth
07765883442 | www.number11beautylounge.co.uk

Monday 9.30-2.30 (appointments only)

Tuesday 10-5.30

Wednesday 9.30-5.30

Thursday 12-8:00

Friday 9:30 - 2:30

Saturday 9:00-2:00

FACIAL TREATMENTS

Deluxe facial

Ideal for lack lustre or problematic skin this treatment gives your skin a thorough workout. Includes steam, optional blackhead/milia extraction and brow/lip/chin tidy. A great choice for neglected skin or recent skin changes due to illness hormonal influences sun damage and more.

1hr20 £57

Propen micro needling

The perfect natural alternative to cosmetic surgery Propen is a handheld device containing microprobes that glide over the skin to gently induce mild traumas with the purpose of kickstarting the bodies natural reaction of rushing collagen to the area causing the body to produce more collagen. The effects are instantly visible and will continue to significantly improve for the course of the skins renewal cycle (approximately four weeks). A great way to encourage collagen production naturally. Minimally invasive, includes treatment mask.

Introductory treatment £100

Course of 3-4 weeks apart £250

One treatment £120

Propen is effective to improve scar tissue on the body and can stimulate hair growth on the scalp. An individual consultation would be needed to provide a treatment plan and quote.

Hydro facial

Using the most advanced technology to deliver the ultimate non-invasive intensive facial treatment. Encourages cell renewal, promotes collagen production and reduces fine lines and wrinkles. Deeply cleanses, nourishes and hydrates making this the ideal boost for every skin complaint including acne, dryness, sensitivity, aging, hyperpigmentation and more. The six step system combines dermabrasion, radio frequency, ultrasound and other techniques with diagnosis specific vitamin infusion to produce results that will be instantly noticeable from your first treatment. Also includes a free LED light therapy mask for optimum results.

A course of six treatments is recommended

Introductory treatment £120

course of 3 (7 to 10 days apart) £320

course of 6 (7 to 10 days apart) £610

One treatment £135

Aromatherapy Facial

Tailored to your skins need using a blend of aromatherapy oils, this relaxing facial will de-stress, boost circulation, plump tired skin and improve cell regeneration resulting in healthy, glowing re-energise skin

1hour £46

Revitalising Facial

Deep cleansing treatment to improve skin tone and appearance of blemishes, leaves skin feeling fresh and rejuvenated.

45 mins £32

BODY TREATMENTS

Swedish

Classic massage technique to relax, promote circulation and improve blood flow. Great as an introduction to massage or to ease muscle aches and for a feeling of general well-being.

Full body 1 hour £40

Back neck and shoulders £28

Hot Stone

Luxury technique particularly nice during the winter months. Very beneficial for those who suffers with poor circulation. Soothes and warms tender muscles and soft tissue via hot basalt volcanic stones which effectively retain heat. The stones are used in conjunction with traditional massage to create a unique warming treatment that will leave you feeling totally relaxed.

Full body 1hr 15 £50

Back, neck and shoulders 45mins £32

Aromatherapy

Massage tailor-made just for you using custom blended aromatherapy oils. This technique is not only good for muscle soreness but effectively benefits a variety of other needs such as stress, insomnia, circulatory problems and many more.

Full body 1hr15mins £50

Back, neck and shoulders 45 mins £32

Deep tissue

Designed to target specific muscle pain brought on by job/lifestyle, exercise or injury. Very beneficial for those who experience long-term repetitive pain. Relief can be felt after just one treatment but improvements are far greater from treating regularly.

Full body 1 hour 15mins £50

Back, neck shoulders 40 mins £32

The Bacial

Deep cleansing and balancing facial for the back. Problematic skin on the back shoulders and upper arms are given an intensive treatment to help control sebaceous outbreaks, irritation and dry or flaky skin. Improvement can be seen after just one treatment but with regular sessions significant results can be maintained.

30 minutes £25

Champissage (Indian head)

A scalp neck face and shoulder treatment using nourishing oils to promote healthy scalp hair and skin. Concentrating on the bodies higher chakras a wonderful treatment to ease tension, promote feelings of calm and rebalance.

45mins £32

Abhyanga (Indian scalp to soul)

Holistic massage encompassing the entire body through rhythmic strokes using a personalised oil blend for total rebalancing. This treatment also detoxifies and improves moisturisation of the skin and hair and is an all over deeply relaxing treatment for the body and mind.

1hr 45mins £70

WAXING

Using only the best warm wax for the most sensitive skin on larger areas and specialist hot wax for the more delicate skin on the face.

Full legs	£26
Half leg (including knees)	£18
Full legs and bikini	£36
Bikini	£13
Under arm	£8
Brows	£12
Lip	£8
Chin	£8
Lip and chin	£13
Face (sides)	£16
Full arm	£16
Half arm (to elbow)	£13
Back and shoulders	£30
Chest	£15

HANDS AND FEET

Maintenance manicure	25 mins	£20
Deluxe manicure	35 mins	£30
Maintenance pedicure	30 mins	£30
Deluxe pedicure	40 mins	£40
Gel nails hands or feet	35 mins	£25

PARRAFIN WAX TREATMENTS

Softening, soothing intensive moisturisation for hands and feet. Particularly beneficial for Arthritis or Renauds sufferers and anyone that contends with dry skin conditions such as eczema or dermatitis. Great for working hands, soothes achy and painful joints, relieves chapped skin. Greater long-term benefits can be had from regular treatments, includes maintenance manicure/pedicure.

Hands	35 mins	£35
Feet	45 mins	£45

£5 supplement for colour polish or £10 for gel polish or French manicure with any pedicure/manicure.

PLEASE NOTE : Gel polish is not recommended with paraffin wax treatments but can be done 48 hours after.

TANNING & MAKE UP

ST TROPEZ AIRBRUSH TANNING

The healthy way to enjoy a Sun kissed look all year round. This professional airbrush technique gives you an even allover tan that will last up to 5 days. For best results and to avoid patchiness gently exfoliate and moisturise the skin 24 hours to 48 hours prior to treatment. Refrain from applying products to the skin including deodorant or showering for at least eight hours before treatment. Wear loose dark clothing (optional disposal underwear provided).

Full body	30mins	£30
Half body	20mins	£22

MAKE UP

Make up application	45mins	£30
Special occasion including trial	45mins	2 sessions £50
Tutorial	1 hour	£40

PIERCING

Ears or nose	pair	£30
		single £20

Using Studex System 75 the worlds most innovative and technologically advanced "touch free" process.

Known as the painless piercing system, this intelligent design ensures maximum hygiene and optimum healing, with minimal to no discomfort at all.

PLEASE NOTE : Children must be aged five and over, under 16's must be accompanied by a parent/guardian.

PURE INDUGENCE

Treat yourself or a friend to a luxurious, half day, bespoke Pamper Session. Prices start at £150 to include Brunch or Afternoon Tea. Booking required at least 2 weeks in advance. Enquire for individual quote.

BROWS & LASHES

Brow shape	£12
Brow tint	£9
Brow shape and tint	£16
Brow lamination includes tint and shape	£30
Lash tint	£12
Lash lift (includes tint)	£30
Brow lamination and lash lift	£50
Lash and brow tint	£18
Lash and brow tint and shape	£25

Micro Blade brows

A handheld tool is used to press a custom blended dye beneath the skin's surface to produce fine hair like strokes for a very natural look.

Can last 2 to 3 years.

Powder brows

A digital machine is used with a needle to tattoo for a long lasting effect, shading and individual strokes can be used to create definition to give a bold a look if desired.

Can last 3 to 5 years

Ombre brows

The best of both, ombre technique layers and shade using both micro blading and powder to create a make up or tint look where the brow is lighter at the front and on top resulting in the ombre effect.

Can last 2 to 5 years.

Patch test required for tint/lift/lamination/ extensions and semi permanent services 48hrs prior to treatment.

£260 each (includes a 6-8 week top up)

Annual top up £120

LASHES

Classics

Creates the appearance of fullness and length through application of extensions to individual natural lashes.

Full set £50

Infills 2 to 3 weeks £30

Express

Individual lashes are applied along the lash line to give definition with a natural look (remove after two weeks)

Full Set £35

Russian

Fine lash fans are applied to dramatise eyes with a full voluminous effect

Full Set £65

Infills 2-3 weeks £42

Lash removal

£15